

PE Extracurricular Activities

Morning Intramurals:



7:15 a.m-8:05 a.m.

Tuesday, Wednesday, Thursday

All students are invited to participate in morning intramurals by grade level. Students are required to wear their PE uniform and proper footwear. Students are allowed to change into their PE uniform once at school. Intramural activities include dodge ball and soccer.

Afternoon Intramurals:

3:05 p.m. -4:00 p.m.

Thursdays Only

All students are invited to participate in afternoon intramurals. Students are required to wear their PE uniform and proper footwear. Students are not allowed to leave intramurals alone until all the students are dismissed, unless they are signed out by a parent. Intramural activities include flag football, basketball, bowling, and bocce ball. Contact Ms. Peterson or Mr. Lentz If you have questions.



Art club will begin on October 3 in room E-123. We will meet the 1st and 3rd Thursday of each month afterwards. Project ideas will be discussed at the first meeting. If you want more information, see Mrs. Burns in E-123.

Fiber Arts Club

Would you like to learn to knit or crochet? Then the Fiber Arts Club is for you! Interested students will meet in room B-108. We will make gifts for ourselves or for our family and friends. Join us for an afternoon of relaxing and socializing while learning a new skill. For more information, see Mrs. Littlejohn in B-108.

Math Club

Looking for a fun challenge? Students who enjoy problem solving, competition, and math are invited to join the math club. Here you will meet other students and engage in friendly competitions while preparing to compete in the 24 Math Challenge and MathCounts. We will play games, solve complex puzzles and problems, engage in competitions while having fun. This club meets on every Thursday. See Ms. Hughes in room A-121 for more information.

Environmental Club

Do you have an interest in science and making the earth a better place? Students will have fun while developing an appreciation for the environment. Students will participate in projects and activities focusing on environmental issues. Club members will be asked to assist with the Severna Park Earth Day Festival in April. This club meets on <u>announced</u> Thursdays. See Mr. Philip in room E-101 for more information.

Model United Nations Club

Members of the Model UN Club will meet to debate and research current affairs going on in our world. Our school will represent an assigned nation in the world. We will become familiar with global problems facing that nation and prepare to debate those problems at a county-wide conference. If you are interested in current events, social studies, and love to debate, then see Mrs. Torelli in Room A-113 for more information. Meetings are held **twice** monthly.

Student Government Association (SGA)

SA is an introdu ction to student government procedures and activities. Student delegates must be able to attend SA meetings twice a month with the first meeting on September 26th. Delegates must want to be active members and future leaders of both their school and community. Students are involved in SA at the school, county, and state levels. Students must also be able to attend monthly field trips. Interested students should plan on attending our first meeting. This activity is of no cost to students, except for overnight stays (Ocean City for example). Students can also split their time between A and other clubs. Meetings are held on Thursday. If you have questions, see Mrs. DeLaet in Room E-109 for more information.

Yoga Club

Do you need time to relax and re-energize your mind after a long day of school? If so, join Ms. Hartman in the upper level gym for yoga.

Ms. Hartman is a certified yoga instructor and also teaches at local gyms and AACC. Students will benefit from an introduction of yoga poses and breathing techniques. Students will learn to incorporate these breathing techniques and poses into their daily routines to calm or energize when needed. Yoga provides benefits including stress relief, increased concentration, flexibility and strength. Athletes Students will especially enjoy the relaxation time at the end of practice to unwind from the busy pace of our lives.

Yoga Club will meet on Thursdays, beginning **October 3** in the upper level gym. Please bring a mat and water bottle. If you need a mat, you must sign up in advance. Students are required to sign up outside of the lunchroom if a mat is needed - limited supply. Mat pick up is in C114 day of yoga.

Chorus Extracurricular Activities

Varsity Choir

Do you have a passion for singing? Are you taking chorus? If so, join us for Varsity Choir auditions on September 17 & 18 from 3:15-6:15. For more information and to sign up for an audition time, please go to <u>www.spmssings.org</u> The first rehearsal will be Monday, September 23rd and we meet every Monday from 3:00 p.m.-5:00 p.m. Performances include season concerts and events, as well as an overnight Music in the Parks trip.

Drama Camp

Drama Camp is a great way to learn more about acting, singing, dancing, stage combat, and improv and starts to prepare you for the spring musical auditions. It will be held for five Wednesdays (Sept. 25th, Oct. 2nd, 23rd, 30th, and Nov. 6th) from 3:00-5:30. Go to www.spmssings.org for more information.

Musical Review

Singers, dancers, and actors are wanted to show off their musical theater talents in this variety style show held on Friday, November 22. Auditions for the show are Thursday, October 24 & Friday, October 25, 3:00-6:00. For more information, please go to www.spmssings.org

Spring Musical

The spring musical will be presented from April 3-5. Auditions for the musical will be held from January 8-10. For more information, go to www.spmssings.org



Literary Extracurricular Activities

Book Club

All students are invited to join us for book discussions, activities, and literary themed events throughout the school year. The purpose of this program is to inspire reading for pleasure and promote life-long reading habits by encouraging students to read, discuss, and enjoy quality, contemporary literature. The club meets Thursdays after school, as announced. See Mrs. Thomas in the Media Center for more information

The Spark, A Student Led Newspaper

The Spark Newspaper is published three times a year and features articles written by and for SPMS students. The student staff will brainstorm article ideas, interview students and staff, write pieces, edit submissions, and work on newspaper layouts. Students must have knowledge of writing mechanics and be creative, dependable, and self-motivated.

Classes meet alternating Thursdays with Mrs. Lane in room C-107.

Yearbook Club

We are looking for dedicated students that can make a commitment to attend weekly after school sessions and work at home. We need students who enjoy writing, taking pictures, marketing and working with a computer program to design 2019-2020 yearbook.

If you are interested, see Mrs. Bollino in B-114 to sign up for the first meeting. We have positions for 25 students.

Classes meet Thursdays in F-108 lab from 3:05-4:00 p.m.



WE LOOK FORWARD TO SEEING YOU AT CLUBS!